

Resource List

by Neighborhood Conditions Index Data Point



Proximity to Healthy Food Sources

Find Alternative Food Sources and Services

Alternative food sources such as mobile grocers, food assistance services, and community gardens, can help you gain access to nutritious food when grocery stores are not available nearby.

Resource	Description
Food on the Move info@foodonthemoveok.com	Food on the Move partners with health experts, community leaders, government agencies, and local businesses to bring quality food and resources into areas without access to fresh produce known as food deserts. https://www.foodonthemoveok.com/events
Grocery Assistance 918-582-1356	Helping Hand Ministry can help provide three days worth of food for each family member. https://helpinghandministry918.com/assistance
Tulsa Art Center Classes 918-636-8419 info@tulsafarmersmarket.org	Provides a thriving marketplace for local producers and consumers as Oklahoma's premier farmers' market. Participates in the SNAP and DUO (Double Up Oklahoma) programs. https://www.tulsafarmersmarket.org/

Learn about Transit Services

Find transportation options that meet your needs to gain access to healthy food sources such as grocery stores and farmer's markets.

Resource	Description
MetroLink Tulsa - How to Ride 918-982-6882	Information on how to utilize the MetroLink Tulsa Transit System. https://www.metrolinkok.org/fare-rider-guide/how-to-ride/
MetroLink Tulsa - LinkAssist 918-982-6882	LinkAssist Program is MetroLink Tulsa's door-to-door paratransit service for persons with disabilities who have been determined ADA Paratransit Eligible and who are five (5) years of age or older. https://www.metrolinkok.org/getting-around/linkassist-paratransit/
MetroLink Tulsa - MicroLink 918-982-6882	MicroLink is an on-demand service available to the general public that uses app-enabled trip request and fare payment functions. https://www.metrolinkok.org/getting-around/other-services-programs/microtransit/