

Resource List

by Neighborhood Conditions Index Data Point

Labor Force Participation

Page 1 of 2

Find Educational Opportunities and Resources

Pursuing a higher education may help improve career advancement, earnings potential, and job opportunities. Residents are encouraged to explore available educational opportunities, resources, and aid to expand education.

Resource	Description
Apply for Financial Aid	The Free Application for Federal Student Aid (FAFSA®) form is the most vital step in applying for federal grants, work-study, and loans for college. https://studentaid.gov/h/apply-for-aid
GED (General Educational Development) Test	The GED exam offers a pathway to attain the High School Equivalency Certificate. Register for GED testing. https://www.tulsacc.edu/support/testing-centers/ged-exams
Literacy And Development 918-584-1111	Program offers free GED test preparation and GED test fee scholarships to those who qualify. https://www.neighborsalongtheline.org/programs/free-ged-class/
OSU Tulsa 918-594-8000	Explore a variety of programs, degrees, professional development courses and scholarship opportunities and/or financial aid. https://tulsa.okstate.edu/
OU Tulsa 918-660-3000	Explore a variety of programs, degrees, professional development courses and scholarship opportunities and/or financial aid. https://www.ou.edu/tulsa/
Preparing for College	Start preparing for college by defining your goals and interests, understanding college costs, and planning financially and academically. https://studentaid.gov/resources/prepare-for-college
The University of Tulsa 918-631-2000	Explore a variety of programs, degrees, professional development courses and scholarship opportunities and/or financial aid. https://utulsa.edu/
Workforce & Continuing Education 918-595-7000	Explore a variety of programs, degrees, professional development courses and scholarship opportunities and/or financial aid. https://www.tulsacc.edu/academics/workforce-continuing-education

Find Job Resources for Skills Training, Interview Coaching, and Employment Opportunities

Utilizing resources for workforce development, such as skills training, interview coaching, and job boards, may help residents increase their opportunities for employment or career advancement.

Resource	Description
211 211	Free and confidential link to help and hope for those in need, 24/7. Get connected to the right social services near you, including crisis support. Call, Live Chat, Text, or Search Online. https://211eok.org/
Oklahoma Works - Tulsa American Job Center 405-525-1500	Offers free services and resources to help job seekers through the stress of filing unemployment, finding and applying for a job, preparing for an interview, or even gathering information about entering a new career field. https://oklahoma.gov/oesc.html
Vocational & Prevocational Services 918-744-6202	Employment Resources Inc. offers customized vocational and prevocational services for individuals with disabilities. https://www.employmentresources.org/vocational-services/
WorkAdvance 918-442-2200 tcwinfo@madisonstrategies.org	Provides free job training, placement and coaching to Tulsa-area residents. https://www.workadvance.org/
WorkForce Centers referral@greencountryworks.org	Job seekers can access a variety of services at job centers including job search assistance, resume assistance, interviewing skills, on-the-job training, GED assistance, and post-secondary education for qualified applicants. https://www.greencountryworks.org/about-us/workforce-centers/

Resource List

by Neighborhood Conditions Index Data Point

Labor Force Participation

Page 2 of 2

Learn about Transit Services

Transit, cycling, or walking can help get you to the places and opportunities you need such as employment locations.

Resource	Description
MetroLink Tulsa - How to Ride 918-982-6882	Information on how to utilize the MetroLink Tulsa Transit System. https://www.metrolinkok.org/fare-rider-guide/how-to-ride/
MetroLink Tulsa - Bus Rapid Transit (BRT) 918-982-6882	BRT is designed to provide enhanced bus service in key corridors by reducing travel times and providing a high level of passenger amenities. https://www.metrolinkok.org/getting-around/other-services-programs/bus-rapid-transit/
MetroLink Tulsa - LinkAssist 918-982-6882	LinkAssist Program is MetroLink Tulsa's door-to-door paratransit service for persons with disabilities who have been determined ADA Paratransit Eligible and who are five (5) years of age or older. https://www.metrolinkok.org/getting-around/linkassist-paratransit/
MetroLink Tulsa - MicroLink 918-982-6882	MicroLink is an on-demand service available to the general public that uses app-enabled trip request and fare payment functions. https://www.metrolinkok.org/getting-around/other-services-programs/microtransit/
MetroLink Tulsa - TPSRides 918-982-6882	Transportation programs are available to students via MetroLink Tulsa. https://www.metrolinkok.org/getting-around/other-services-programs/safe-place/
Transportation Providers in the Tulsa Metropolitan Area Directory	INCOG offers a directory of agencies providing transportation services. https://www.incog.org/Transportation/Documents/2023%20INCOG%20Transportation%20Providers%20Directory.pdf